

# THE HERON HERALD



Friday, May 29, 2015 | Issue 3, Vol. 1 | Northcoast Preparatory and Performing Arts Academy

## Biskops-Arnö history instructor Tegnestål is a leading light in medieval scholarship

By Benjamin Leopardo  
Staff Writer

There are some scholars who, rather than furthering our understanding in an established discipline, turn to a study, as of yet untouched, and shed light where there is none. Håkan Tegnestål, a teacher at Biskops-Arnö, NPA's sister school in Sweden, is just such a scholar. The study of ink, that is, its composition and usage in history, something Tegnestål has been enamoured with since childhood, constitutes just such a study.

"I was very interested in ancient Scandinavian language. I was hooked by reading a novel in fact. It was written in the early 20th century but it was set in the Viking Age. It has no historical basis, it's just imagination... he had a way of constructing great insults. The vikings were fighting each other not only with weapons, but by insulting each other... it was a very

powerful language," Tegnestål recalled.

Tegnestål, while he has a longstanding interest in his subject matter, never actually studied it as a student. His actual investigations began later in his life.

"I'm not educated at all. I am educated by myself and my surrounding environment only, not by any institution. So, I am working as a teacher but I'm not educated myself. I have worked my way to become educated," Tegnestål explained.

Not only has Tegnestål taken the initiative to pursue his education with complete independence, he is also somewhat of a trailblazer in his field as thorough research had never been compiled until his efforts.

"The field is quite empty. Many people have shown interest in it but no one has made the groundwork correctly... I am a pioneer in the way that no one else

See HISTORY page 4



Biskops-Arnö's  
Håkan Tegnestål  
PHOTO BY  
ROSEMARY STEPHENS

## Full Circle

NPA juniors and seniors take on Bertolt Brecht's masterpiece

By Rachel Post  
Staff Writer

Experiencing a show, movie, or other theatrical production is almost always enriched by one thing: music. The music crew for this year's junior-senior play, "The Caucasian Chalk Circle," worked together to bring the play to its full potential.

Mo Barnes, Gaia Denisi, Finn Hakenen, Shirley Hu, Angela Petricca, Chris Reynoso, Clark Robertson and Matt Wardynski teamed up this January to put together a myriad of pieces and improvisational moments to set the tone of the play.

Speaking about the artistic direction Colin Stevens and Jean Bazemore gave to the group, Petricca said, "We had both Colin and Jean, and Colin wanted more stuff like bebop and electrified dance music [while] Jean wanted emotion." Hu added, "And sometimes it would change. So the first time it would be good but the second time she would say no." They agreed that adding the components of a drum and keyboard helped to meld the ideas of the two directors.

In the span of two weeks, putting a show together can be challenging. Petricca mentioned that sometimes the music crew had to find a separate place to work, such as the church or annex, because the theatre space was needed by the actors. When they were at the theater, much of their time was spent waiting for cues. Though they were more separated from the cast and other crews, it gave the musicians a chance to get to know one another better.

Petricca remarked about Chinese exchange student Hu, "Well for me it

See CIRCLE page 6

PHOTO BY RAVEN ARNOLD



## Leonhardt and Roberts team up to meet the needs of homeless women

By India Allen  
Staff Writer

Menstruation is considered by many to be a taboo topic in modern society, which can make it more difficult for underprivileged and homeless women to get the products they need in order to maintain health and hygiene. Seniors Aowyn Leonhardt and Alexis Roberts launched their project 'Feminine Hygiene Products for the Homeless' by selling baked goods this past February.

"What we are hoping to see is women that have a disadvantage having access to these products whether they have the resources of money or not," Alexis Roberts

See OUTREACH page 5



PHOTO BY AOWYN LEONHARDT

## NPA climate change project moving forward

By Leah Selcer  
Staff Writer

A biker flipped, dancers swirled, performers recited, artists painted and flautists played—all as part of the NPA Climate Change Project's first public event.

Over 40 people came to experience the performance piece, which took place in The Creamery District during February's Arts Arcata. Every 15 minutes throughout the evening, students presented their performance for teachers, parents and community members. Colin Stevens, a British actor, director, and longtime supporter of NPA, coordinated the event.

"Art is a really good way of communicat-



PHOTO BY RAVEN ARNOLD

NPA students seek to improve the environment in their Climate Change Project this spring. The Arcata Bottoms, pictured above, could benefit directly.

ing with and touching people's sensibilities... appealing to the emotional side of people as well as offering facts and information," Stevens said.

Stevens had originally planned to help

make a documentary about climate change with the students, but due to time constraints, he and the students changed to an art-based focus. Inspired by the HighWater Line Project—a nationwide movement

to use art to show how shorelines will shift with higher sea levels—students pooled their creative talents for the event.

Spanish exchange student Conrado Solans agreed to use his ability as a nationally-recognized trials biker to kick off the performance. A group of dancers offered to choreograph and perform an original piece, combining ballet and contemporary dance. The flute choir accompanied a series of photos of a recent high tide on Humboldt Bay. The Spoken Word Poetry Club performed a complex poem created by combining the poetry of various authors. Throughout the evening, visual arts students continued work on giant canvases depicting various scenes surrounding climate change and its possible effects.

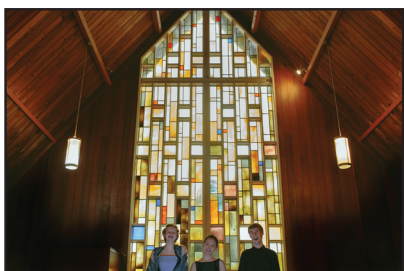
"All of the freshmen that were in the visual arts class got really excited about it... and we all just took off with the project," Circe Sanders, an NPA visual arts student who helped paint the murals, said.

See CLIMATE page 8

### MUSIC

#### NPA students perform for Eureka Symphony

Rachel Post, Shirley Hu and Angela Petricca were key components to the Eureka Symphony this spring. Post and Hu showcased their skills as soloists in this year's performance.  
See page 7



### INTERNATIONAL

#### A cultural exchange with students in Thailand

Trinity Morton reflects on her experiences during the NPA annual trip to Thailand and Cambodia that took place over winter break. Morton explains her personal perspective on the cultural exchange that took place.  
See page 5



### EDUCATION

#### NPA health class to join forces with Open Door Clinic

NPA is currently solidifying plans with Open Door Clinic's Medical Director of Teen Services, Tara Moss, to bring a new approach to the school's health education curriculum in the coming months.  
See page 2





# The Word

*What international event is concerning to you?*



**Kastel-Riggan**

Celeste Kastel-Riggan: “The large international event that mostly affected me and I think I was the most interested in was the Ferguson shooting of Michael Brown and this was probably because it made me a lot more aware of the racism going on in the world and how strongly people still think that black people are bad and jump to conclusions about them and I think... I don’t know I did a lot of research of it because I was really interested about it and I kept up with it.

With my mom at dinner we would sit down and talk about it and my mom would say, “Ah I just want to go there and start protesting with them,” and she felt really strongly about it which influenced me to do more research on it and do a current event on it in history and just all of the protesting that’s going on now, still, just shows how big of a deal it is and how strongly people feel about it which is great because its something that really needs to stop.”



**Cabot**

Reed Cabot: “I’m stuck between, like the Michael Brown—like Ferguson and all that race stuff—and Charlie Hebdo and how that drew attention to Islam and all the tension there...Well the police force has obviously gotten, like, way, way out of hand ... he [Darren Wilson] could have shot him [Mike Brown] in the ankle or he could have tasered him or shot him with a tranquilizer dart (if they had those). ...I’ve always been one for reducing police power just because I think they have way too much and they’re given all this room to do stuff so it kind of just excited them and makes them want to use that power a lot and it can end up for the worst especially when the person’s already a power-hungry individual they can just abuse it very easily without actually being held accountable...I mean that is insane! Is it against the law to hold police accountable for their crimes?!”



**Thrash**

Melissa Thrash: “The most recent has been ‘Je Suis Charlie.’ I just remember the morning I read the article about the terrorist attack and it was just an immediate sensation of sorrow. ...I’m so anti-all forms of censorship that the idea that do I, now, as a fellow artist have to think like that? Do our artists now have to be fearful of what we make? It’s like of course almost all modern art of today is like pop-art. Contemporary art is always influenced by media and a lot of artists today do pop-art and that’s exactly what Charlie Hebdo and Mad Magazine, National Lampoon (like the American version of Charlie Hebdo) it’s just... having an attack like that happen will forever influence the art community and I hope it’ll help us raise up for rights and I just hope something like this never happens again.”



**Aguilar**

Cairo Aguilar: “The shooting in France. So over there in France, I guess it’s kind of... I kind of want to take a side but at the same time I can’t, seeing as how both of these people—all of these people—were completely, kind of wrong in what they did. And at the same time, that sort of carries over into what happened with the movie “The Interview.” So I think a lot of people right now are just thinking about how our freedom to express what we think and how we do that is... I don’t want to say changing, but being ... it’s on everybody’s mind. Thinking about how far we can go with that and when enough is enough.”



PHOTO BY AMELIA DAVID

**Dena Holper as Grusha (left, foreground) and Maya Makino as the governor’s wife (right, foreground) struggle to claim Michael in the last scene. Myel Gilkerson (left, background) judges their trial as Azdak.**

## Bazemore, students reflect on production

**By Maia Lemann**  
*Staff Writer*

Director Jean Bazemore and upperclassmen reflected on this year’s junior-senior play, “The Caucasian Chalk Circle” by Bertolt Brecht. They tried to convey the themes of justice, status and equality to the audience through this dynamic production.

The Brecht style of play uses maximum contrast to accentuate crucial points. “[Brecht] pushes it to the extreme,” Bazemore said. Director Bazemore tried to portray this in the first scene. She filled the stage with the majority of the cast. The dramatic scene figured an array of characters, from the governor and soldiers to beggars and peasants. Forest Williams played a main character, Simon Shashava, soldier and love interest. “I felt like I was contributing to a collective creative process,” Williams said.

Logistics of the play were handled in a new way this year. “This play was different in the respect that the juniors and seniors wanted to take full responsibility... this led to [the students] feeling empowered. They dis-

covered and learned a lot,” Bazemore said.

Thérèse Burns was the head of costumes for her last time, after two consecutive years. “It was a lot more cohesive than past years. Despite our worries... it turned out well,” Burns said. “Theatre... addresses issues that get in the way of true communication for all [well functioning] communities,” Bazemore said.

This year, four children guest starred in the play. They attended rehearsals and spent time with the NPA cast backstage. “[The youth of the children] brings an innocence to the older students that inspires the cast,” Bazemore said.

Tensions can often run high with long hours and close quarters, however. “There was outstanding cooperation among the students. They supported each other. There was less conflict than in past productions,” Bazemore said. Cassidy Carolina attested to this report, “It was an amazing bonding experience.” In reflection, students were satisfied with their co-existence.

Vega Laudon, an exchange student

from Sweden had never been part of a play. “I thought it was a lot of fun since I’ve never tried acting before, but my parents have called me a drama queen, so I expected I’d be good at it,” she said. Laudon explained that she was inspired by the play, and hopes to enroll in theatre classes upon her return to Sweden.

Another characteristic of Brecht’s plays is his narrative, epic style. “[Brecht’s style] helps the audience think about the themes of the play... he doesn’t hide what’s happening,” Bazemore said. However, Seth Talkington was not as clear about the message that the play conveyed. “I think we were confused. There were many different moral questions.”

Bazemore echoed this sentiment, saying “I can never tell if I’ve reached the audience or not.” Regardless of trepidation over ambiguities, the Caucasian Chalk Circle sold out every show. “Maybe people go to the theatre due to a hunger for more than bread and water. Perhaps they have a longing to affirm value and beauty in life,” Bazemore said.

## Changes coming to NPA’s health education

**By Rachel Post**  
*Staff Writer*

For 39 years, Six Rivers Planned Parenthood has been offering sex education classes in high schools and middle schools all over the county. In 1998, they began the teen theatre troupe Spare Change, which offers unique peer education to this day.

Spare Change, a local group of teenagers including NPA students Hannah Lobue-De-shais, Alexis Roberts and Cassidy Carolina, travels around the county teaching classes at middle schools and high schools as well as performing skits about leading a healthy lifestyle.

For many students, talking about subjects like sexual health can be uncomfortable. Junior Carolina said, “You’ve got to be really confident. You’ve got to walk in and know what you’re doing because if you don’t bring that kind of energy, they’ll eat you up. It can be super hard.”

Carolina also, however, outlined the benefits

that peer education brings and why that makes Spare Change so unique when she explained, “Spare Change stands for, ‘Spare us the time to change your mind,’ so it’s a lot about cutting through the teacher [layer] and getting straight to the point—being able to connect with peers. Often your peers will listen to other peers versus adults and we can help outside of the classroom.”

Bullying, LGBTQ issues and healthy relationships also tie into the lessons Spare Change and Planned Parenthood offer. When a student of Carolina’s explained that he wouldn’t help out in a bullying scenario even if he knew the bullied kid would commit suicide, because he would be concerned for his reputation, she struggled.

Carolina said, “Those kinds of things are super hard to hear in a classroom. And they come up in sex ed too ... So the way that we deal with it is... you have to be very objective. You have to present it in a way that is unbiased. You have to give it to them

as information and [teach by example]. So we’re trying to set a good example for these kids.”

Even in the sex ed portion of the classes, Carolina outlines the message they try to convey: “It’s about spreading information. We definitely don’t try to sway their opinion or push any kind of [beliefs on them], but we offer the information and let them do what they want with that and try to give opportunities. ... That’s our message.”

Here at NPA, Michael Bazemore has been solidifying plans with Open Door Clinic’s Medical Director of Teen Services, Tara Moss, to bring a new approach to health education in the coming months.

As for the scope of the course Bazemore said, “I’m hopeful that it will be a freshman year course and then follow-up with Tara in more detail sophomore and junior years... and that the arrangement with Tara will be an ongoing [one].”

Bazemore has high hopes for the course, yet mentioned that it is not a

required part of the curriculum. He explained, “Parents and students will have the option to opt out of the course. The only state-required component of Health that people can opt out of is the sexual health curriculum that is taught in the Freshman Health class. My hope is that the vast majority—if not all students—will participate, but we are not in a position to require it.” This aspect of the course will hopefully make it a less controversial subject than it could be.

“I think that sex ed is so crucially important because stuff like unplanned pregnancies, bullying, and getting hurt happens so much and I see it in my everyday life. I see it at NPA. I saw it in my middle school,” Carolina passionately articulated. “And most of it is just from being uninformed. Most of it is from this total place of ignorance and by introducing [sex ed] and by teaching that ... makes for a better world... And that is so important. That’s so important.”





# Making a case for the arts

Senator McGuire argues the arts are a viable economic driver

By Amelia David  
Staff Writer

Four representatives from three local arts organizations gathered in the Eureka Ramone's to meet with Senator Mike McGuire and discuss the relevance of the arts as an economic driver after proposed budget cuts.

"[Art] helps to revive downtown districts that may have struggled. So [art] is a real passion of mine and I'm just so excited at the possibility to be able to reinvest," McGuire said. The senator wholeheartedly believes in the power of art in communities.

McGuire was coming to eureka for a town hall meeting where he would discuss current issues pertaining to the north coast. So when Fran Beatty, a local historian, heard that the senator was coming to town she called to schedule a meeting with him to discuss the arts and arts funding in the north coast.

The meeting was held on February sixth. The senator's enthusiasm for the subject was clearly expressed through his exuberant hand gestures and remarks of support throughout the discussion.

His passion for the arts started at age 19, when he became one of the youngest school board presidents in Northern California and was leading successful efforts to rebuild decaying schools. Even then, McGuire did not see the arts as a luxury.

To him, the arts are a necessity. McGuire feels so strongly about the arts that he believes including them in high schools can have a direct impact on reducing prison overpopulation by keeping kids in school.

The governor's office of CA is currently proposing a major cut in Cali-

fornia's arts funding. They are asking that California's spending on art be cut to an average of \$0.13 each year per Californian. In comparison, Minnesota annually spends an average of \$6.31 per state citizen.

Local arts organizations have seen the effects of these devastating cuts. In 2002, the California Arts Council had over 30 million dollars and was able to provide workshops, educate people and strengthen art organizations. But then in 2003 they saw their funding decreased by 97%.

"We lost so much in Humboldt County, we had 17 artists in residence, in schools, in communities, in institutions. After they lost all that money we were allowed three or four," Libby Maynard, the executive director and cofounder of the Ink People Center for the Arts said.

Jackie Dandeneau, executive director of The Arcata Playhouse, offered in regard to the governor's proposed cuts, "And anything we can do on this end to garner support from artists, whatever you need on our end, we would be willing to gather and put it forward to really have this not happen. It would be disastrous."

The representatives went on to discuss the disconnect between creativity and productivity. "We talk about the creativity gap, how can we fill the creativity gap?" Jane Hill, co-founder and former executive director of Dell Arte said. "While 20 years ago we were teaching people these technical skills that are no longer relevant because it's evolving so quickly. This need to teach creativity and teamwork and collaboration is crucial for the future of our workforce," she concluded. "I could not agree with you more," Mc-

Guire said passionately. "The arts have been absolutely hosed and hosed from school by the state."

McGuire feels that arts are extremely relevant to our lives. In particular, he sees arts as an economic driver for Northern California. "And that's where I feel like folks are still playing catch up," he explained, not just in terms of local funding but as a tourist attraction as well.

While the senator understands the urgency of the situation, he thinks that it will be a challenge to get the necessary funds this year. However, he is fully committed to the issue and says he would like to "Start small and build upon success."

McGuire pledged to meet with the California Arts Council president, Craig Kuramada, to discuss arts funding. One funding idea that was addressed in the meeting was a tax on sports tickets because it is such a huge industry. The board of equalization has found that a quarter of the money made on sports tickets is tens of millions of dollars.

Another possible funding option that was discussed is a small sales tax in Northern California going toward arts and culture, similar to the one in Denver that integrates their cultural districts, including museums and zoos. The senator promised to discuss these ideas with Kuramada and attempt to formulate new creative solutions.

The meeting was concluded with the overall sentiment that, "Art's where it's at," vocalized by Senator McGuire. The organizations left feeling heard and inspired by the young senator and his commitment to the arts.



PHOTOS BY AMELIA DAVID  
**Senator Mike McGuire, pictured above, feels strongly that the arts can be an effective economic driver, and plans on trying to improve funding for the arts.**

# HSU students fight for native rights and Dr. Bolman

By Amelia David  
Staff Writer

For 35 days Humboldt State University students occupied the BSS166 forum to make a statement about racial inequality. While sleeping, studying and eating in the forum, students collectively created a set of demands for the university. Though the residency has been terminated, discussions are still being held between student representatives, the administration, and HSU president Lisa Rossbacher.

The students' initial concerns were regarding the termination of Dr. Jacquelyn Bolman, the director of the Indian National Resources Sciences and Engineering program, an on-campus program in place to support native students and their allies. As the protest developed, the students realized the root of the issue was much broader than her termination.

"This is a native-based movement, native based for native rights; however, it's an all-student problem," Shenae Bishop, one of the main curators of the protest, said. Jacquelyn Bolman's termination opened the door for a "Civil rights movement in education."

"As students of color and as students in general we aren't getting what we need out of education," Alicia Flores, an active participant in the protest, explained. "Education is keeping our culture out of our education," she continued on to voice a mutual



PHOTO BY AMELIA DAVID  
**Students at HSU engage in crafts as part of their protest on Dr. Bolman's behalf.**

complaint from the students at the university. The protest is attempting to change the way education "Skirts over and ignores different issues around native peoples and native knowledge," Bishop said.

The university has expressed a concern for academic freedom. "They believe we are impeding education by being here, when in actuality we are bolstering it. We are creating a broader sense of education," Bishop passionately explained.

The students strongly feel that "It's very important that whatever you want out of your education, you get it," Flores said.

The students hold the integration of mixed cultures as a crucial element of a community. There are, however, members in the university's community who do not feel the same passion about the students concerns. "I was a student here, I'm also a staff member of color, of mixed race, and I've never felt that there is any type of discrimination coming from the university in any way," Jarad Petroske from HSU new inquiry shared.

There seems to be a significant disconnect of opinions between the university and its students about the protest. "This is a

very specific issue to Humboldt State University," Petroske said. Contrarily, Flores remarked that "[The issue] is a systemic thing. It's not just this university, it is the university system."

"[The university] isn't outright in support of the cause, but they are sympathetic to the issues the students are bringing," Petroske informed.

"It is a sympathy vs. empathy thing ... empathy is understanding someone ... I think the system doesn't provide empathy for anybody," Flores explained, gesturing to the university as a whole.

"We don't want the university to function as corporate business, we want them to truly serve underrepresented students in education, and we want real education," Bishop reiterated. "If you care about your education, you would stand with us on this."

Before the occupation ended on February 24th due to the fact that the students felt that the university was truly listening and addressing the students concerns, this manifesto was posted in their community space: "I am the seventh generation. I am responsible not only for my own actions, but for those who have come before me. I am here to protect what is sacred. I'm here with purpose and respect for what is right. I am here to fix what is wrong with this world. With this mentality and a peaceful spirit I RESIST."





PHOTO BY ROSEMARY STEVENS  
**Håkan Tegnestål, pictured above, studies ink. He is a pioneer in his relatively untouched field of study.**

## HISTORY

from page 1

has put as much time into it, and no one has been as interdisciplinary with it as I’ve been,” Tegnestål said.

While some of the history and science behind ink is understood, it hasn’t been compiled into a single area of study or examined to the extent that, due to its historical and cultural relevance, Tegnestål would argue it deserves to be.

“So many people have clearly shown interest in just the last 150 years in this subject and made different contributions, which are very important for me also to take part of, of course. There is a lot of publishing about this but no one made the whole thing and that has to be done. Perhaps by me, perhaps by someone else, but it needs to be done,” Tegnestål explained.

Tegnestål also spoke to being virtually peerless in his field and how it affects his work. The benefits and detriments can be considerably different than in an area with more scholarly activity.

“The financial resources are, I think, easier. Finding information is hard, it takes a lot of time because I have to get the information myself,” Tegnestål said.

The writing instruments

which Tegnestål’s studies deal with also compose an interesting aspect of his work. He described parchments, pen knives as well as quills being important components in the study of ink and the practice of writing with it.

“I do have to have connections to, and get helped by, many, many institutions all over Europe because I need to visit libraries where they have medieval manuscripts and I need to visit museums where they collect morphological artifacts I work with,” Tegnestål detailed. “I don’t work at those places with them, they just give me service. I just ask them ‘can I come examine your 300 pen knives?’ and they say ‘yes.’”

Tegnestål also described how he obtains such items without the deep pockets of a university program at his disposal.

“Well, I go to a museum and look at an artifact which I have questions about ‘how do you use this?’, ‘how does it function?’, ‘how does it feel to work with it?’ ... I take very detailed measurements of the thickness, the length, the shape, as possible and I go home and try and reproduce it,” Tegnestål illustrated.

Yet despite his innovative, multi-faceted research, Tegnestål is content to work for Biskops-Arnö.

## Musical aesthetics: Dr. Michael Bazemore writes article for Internet Encyclopedia of Philosophy

By **Trinity Morton**  
*Staff Writer*

Musical aesthetics is a philosophical area that Michael Bazemore has explored in-depth through his graduate studies, and his expertise resulted in an invitation from the Internet Encyclopedia of Philosophy to write an article on the aesthetics of classical music. Bazemore shared his thoughts on the value of music because of its unique qualities.

“I think that music as an art form offers us certain kinds of experiences that are not available through other arts,” Bazemore said.

Bazemore clarified that by music as an art form, he means the music itself, without additional components like lyrics, images or acting, as in opera—essentially just the tones, rhythms, pitches and harmonies. He suggests that music as an art form has the ability to engage directly with our inner human experience, whereas other art forms involve cognition acting as an intermediary.

Bazemore explained, “...if I see a painting, I might have an idea, and I might think ‘Oh, that’s a picture of a horse.’ So there’s a thought, a cognition that’s involved in that process. Music jumps over that. It doesn’t involve some kind of cognitive process and it’s purely experiential.”

According to Bazemore, another reason why music is able to connect to so many on an intimate level, besides its abstract quality, is that it is temporal in nature. This temporal aspect separates music from other art forms that might share its abstract quality, and allows music to relate to the human experience of time.

Although no literal movement takes place in music, “...the fact that

we perceive [movement] means that it has an analogy to movement we might make with our body. Maybe to dance, maybe just to our experience of the flow of time,” Bazemore noted. “But somehow the unfolding of music is very closely linked to the unfolding of life experience and our own inner experience.”

In regard to classical music, Bazemore believes the link to tradition is part of what makes classical music particularly unique and worthy of aesthetic appreciation.

“What is so special about [classical music] is that it’s a tradition that is carried on over a long period of time and it evolves in relation to itself, and the musical resources that it draws upon expand internally,” Bazemore explained. “So you could say that if you start within a certain set of musical resources and techniques, that there are possibilities within that approach that have not been explored.”

Another scholar was asked by the Encyclopedia to write on the aesthetics of popular music, but Bazemore finds classical to be a much more fascinating genre. He was asked to write on classical music in particular because of the heavy overlap between the topic and his dissertation.

“I think in coming to me they wanted somebody who had knowledge in this specific area ... and wanted me to make that contribution because of the background that I have,” Bazemore said.

The Encyclopedia’s approach is to identify areas of potential interest to their readers, then ask scholars with PhDs and particular knowledge to write articles that are peer-reviewed and eventually published online. Bazemore took eight months to com-

plete his article because of his various other time-consuming responsibilities.

“I have appreciated the invitation and enjoyed the process, because I want to have the opportunity to present my perspective to this particular audience, which is not an audience of specialists, but a general audience,” Bazemore said.

The Encyclopedia’s readership is generally comprised of advanced undergraduates studying philosophy and educated non-specialists. Bazemore explained that he hopes his article can be a useful resource to those readers.

“The purpose of the article is not in any way to present my own opinions on this topic. It’s more to present a survey of the issues, so that someone who’s interested in the topic will be able to understand what those issues are and be able to go more in depth into them in their own thinking,” Bazemore said.

Bazemore revealed that he was invited to select a topic for an additional article, an offer he plans to pursue. He is interested in discussing value theory, the general area of philosophy that explores how humans define and choose between values. Although Bazemore has little available time outside the summer, he said he would like to contribute to the Encyclopedia periodically in the future.

On the topic of his article on the aesthetics of classical music, Bazemore concluded, “I’m really happy about it because other things that I’ve done have been for much smaller audiences. So for me to have been able to fit this into my life with the other responsibilities that I have was a big accomplishment.”



PHOTO BY ZALIAH FINEGAN  
**Dr. Michael Bazemore addresses his philosophy class about how to prepare for their IB examinations. Bazemore recently published an article for the Internet Encyclopedia of Philosophy.**

## NPA spoken word poetry club, a chance to perform and appreciate

By **Gaia DeNisi**  
*Staff Writer*

Claire McCoy, co-founder of the Spoken Word Poetry Club, wanted to create a safe environment for her peers to explore and appreciate the power of live poetry.

“I like that it allows you to form connections on an emotional level with other people,” McCoy explained. “I think speaking it—you’re able to actually reach out to someone and make this connection. I mean it’s live, it’s in-person, I don’t think it could happen any other way. It’s exactly what you want to say and what you’re feeling right then.”

McCoy first began to take interest in spoken word in January of her junior year after participating in the Poetry Out Loud competition. With the help of fellow seniors Dena Holper and Annajane Murphy, McCoy started the club in the fall of 2014. The club meets every Wednesday during lunch to discuss and practice poetry.

“We’ll talk about if there’s anything coming up in the community, like a local open mic that happens monthly, or when the Poetry Out Loud contest was at the school, or for cabaret,” McCoy said. “If anyone is performing, they have the opportunity to practice and get feedback from the group.”

The club has had many performance opportunities within the school, both as solo pieces and as a group. Perhaps most notable was their debut at the fall cabaret with the large group performance of “Jellyfish” by Sarah Kay.

“We did a group poem with all seven voices for cabaret

which was a lot of fun ... We had to go through the whole poem and voice it out, divide up all the parts so that everyone would have a solo section, some lines with all seven, some lines spoken by three, etc., and then rehearsing it to get all the smooth transitions and timing to fine tune it,” McCoy recalled.

A majority of the members also participated in the Poetry Out Loud competition last fall. Though they were competing, and it was not a group performance, McCoy emphasized that everyone in the club was very helpful and supportive of each other.

“That was really helpful and fun, it felt like we were going into the Poetry Out Loud contest as a team, almost, and that we’d all been preparing together,” McCoy remarked. “It was nice to have that kind of group support.”

This semester, the club has already participated in many performance events, and there are many more on the horizon. Recently, the club participated in the creative Climate Stevens Project launch, which was orchestrated by Colin Stevens to raise awareness in our community.

“He [had] all these different art forms; spoken poetry, dance, painting. We performed some group poems, with three or four voices, and some solo. It’s a really abstract event,” McCoy explained.

With plenty to look forward to—such as the monthly open mics at the Siren’s Song Tavern in Eureka—the spoken word poetry club is constantly on the lookout for performance experiences.

“The difference between rehearsing and the actual performance with people there is amazing,” McCoy said. “I didn’t expect [performing] to create such a different dynamic, but instead of just trying to say the words to yourself in an effort to memorize them and get the right intonation, when there’s suddenly real emotion, there’s this energy, almost tangible in the room, between you and your audience. It’s almost like a conversation.”



PHOTO SUBMITTED  
**The Spoken Word Poetry Club performs a group piece. From left to right: Cassidy Carolina, Leah Selcer, Rachel Post, Dena Holper and Claire McCoy.**





NPA annual Thailand and Cambodia trip: the language barrier is real, but so is the capacity for understanding

By Trinity Morton  
Staff Writer

Of all the amazing experiences and travel opportunities on the Thailand and Cambodia trip last winter break, the most unique and valuable experience to me was being able to teach English and stay with host families at our sister school in Prasat, Surin, Thailand.



Morton

There were undoubtedly cultural differences, and as Madeline Scott profoundly observed, “The language barrier is real.” This I expected. If you go on this trip, it is true that you will perfect the art of speaking loudly and slowly in a simply conjugated, gesture-rich manner. You will also probably pee on your feet trying to use a squat toilet and accidentally do something culturally inappropriate like point with your finger or show the bottoms of your feet. Making mistakes is an inevitable part of travel.

What I did not fully anticipate when I boarded our first flight was how close it is possible to become with people who do not speak your language or share your background

*“I found that the most effective and meaningful form of communication was laughter.”*

Trinity Morton

Japanese Culture Club allows students to expand their horizons

By Zaliah Finegan  
Staff Writer

Students seek to educate themselves about Japanese culture by meeting twice a week in Japanese Culture Club and participating in interactive activities that reflect Japanese traditions for them and further their understanding of Japan.

“My goal with this club is to educate others and myself by doing these activities so that we can have a better grasp of the culture and for me, my ancestry,” Kai Ishii, the founder of the club said.

The activities are planned and carried out by the students themselves. Their activities are usually geared towards exploring Japanese cuisine. They have made dishes such as chicken katsu and nikuman from scratch. Japanese cooking can take up to four to six hours, so they must dedicate their day to these activities. They also fold origami, practice Japanese calligraphy and learn the traditional game of Go, which is similar to chess, but much more complex.

“Writing calligraphy is something Hinano [Tsuchida], Tessa’s Japanese exchange student, does with us sometimes and it’s a really beautiful activity I’ve appreciated learning,” club member Ethan Frank said. “We aren’t always successful with our undertakings, but the process is interesting no matter what because we get to learn more and more about Japan.”

Japanese Culture Club provides a space for these students to allow their love for this foreign country to evolve. All the members in this club are learning the language and are able to work together to strengthen their studies. They have a mutual Japanese tutor who occasionally joins them in their meetings. Exchange student Tsuchida is able to provide them with firsthand knowledge and new information.

“Kai, Tessa, Kyle and I all share an interest in learning the language, potentially going on trips there and embracing the culture,” Frank continued. “The club has been a way to connect with the people who have this same love of Japan.”

Frank plans to take a gap year in Japan after he graduates from NPA. He thought joining the club would aid him in learning the language. He fell in love with the culture when he visited Japan last year and was pleased to find a place where he could share this interest.

“I’ve had a fascination for Japanese culture since I was little,” Tessa Paulson-Palmer, another member of the club said. “When I heard the possibility of a club, I was really excited. It’s been really nice to be able to just relax and enjoy something you like with people with the same interests as you.”

The Japanese Culture Club is made up of students who are dedicated and enjoy learning about Japan. This common interest unites them and together, they are able to delve deeper into the culture of this country. They all hope to someday return to Japan, having all been there in the past. This club has created a space for the members to not only have new experiences with Japanese culture, but to further their learning of the language with a native speaker, Hinano, and each other.



PHOTO BY TRINITY MORTON

Trinity Morton’s host brother, Max, sits and watches the sun set in his school uniform before dinner at Madeline Scott’s host family’s restaurant and place of residence.

and culture. I found that the most effective and meaningful form of communication was laughter.

When attempting to ask if my host siblings were twins shortly after meeting them—with one arm trying to gesture pregnancy and two fingers held up on the other hand—I was only met with puzzled looks. I gave up and laughed at my attempt and they laughed with me, which felt more hu-

man and right than having a difficult conversation about their relations would have. Later that same day I ate a cocoon with obvious reluctance, and we laughed about that too. We laughed past the difficulty of verbally communicating, and we laughed through the cultural voids.

One night I stayed the night with my host sister instead of my host brother (it turns

See THAILAND page 7



PHOTO SUBMITTED

Trinity Morton (right) and her host sister, who goes by the nickname New, at dinner together.

OUTREACH

from page 1

said in regards to the purpose of the project. “I think starting on a local level is probably the most beneficial.”

Leonhardt and Roberts seek to raise awareness of this issue while raising funds to support underprivileged women in the community. They are concerned about women not having access to a basic need such as the feminine hygiene products of their choice. Leonhardt and Roberts are hoping that the community will begin to share in their concern for these women.

“It is an issue that is on the back burner that people aren’t super concerned about,” Leonhardt explained with a shrug of her shoulders.

Leonhardt and Roberts know that the issue they are approaching is in no way personal to this community or region. “Most women in developing countries in Africa don’t have access to hygiene care,” Roberts explicated with sympathy. Leonhardt and Roberts are basing this project on the needs of homeless women locally in the Humboldt community, but Roberts has hopes of taking the project further to the international level.

One of the conflicts that is arising for Roberts and Leonhardt is their financial resources. “I’ve found that people are more inclined to donate supplies than they are to donate money,” Leonhardt said. Another financial challenge that Leonhardt and Roberts face is the ongoing cost of disposable

hygiene products.

“If you just keep giving out disposable things like tampons then you never really get anywhere, you just keep buying them and giving them out and they get used and you buy more, and you give more out, and then those get used,” Leonhardt explained with a hint of exasperation. “I want to get diva cups and things that could be reused because they save a lot of money.” Diva cups are an alternative form of feminine hygiene product which are made of surgical grade silicone and can be reused for up to ten years.

Leonhardt and Roberts have also had to confront the choice of which products to put their funds toward. Roberts believes that the diva cup is cheaper in the long run. “Women can save around 100 to 150 dollars with the diva cups, as opposed to pads or tampons,” Roberts explained.

The final challenge that has arisen for Leonhardt and Roberts concerning this project is the distribution of feminine hygiene product to homeless women.

“Most homeless women tend to hide themselves. That was one of the bigger problems I came across when thinking about how to distribute these things,” Leonhardt revealed. In an attempt to solve this problem, Roberts and Leonhardt have gone directly to homeless shelters and battered women shelters with their donations of feminine hygiene products, while also handing out small quantities to anyone in need that they come across.

“I think it is for a really great cause, helping women around Hum-

boldt County with a basic need, which it really is a basic need,” Roberts said. She hopes to eventually become a nurse practitioner for women to follow her passion for providing women with healthcare.

*“I think it is for a really great cause, helping women around Humboldt County with a basic need, which it really is a basic need.”*

Alexis Roberts

In the community, Leonhardt and Roberts have begun to hold bake sales and put out donation jars in local businesses in order to raise funds for this project. Roberts said that the community has been very supportive of this project for the most part, despite it being in the early stages of development.

“We are still getting started,” Roberts said, pausing to reflect on her goals for this project. “We want to inform everyone [in the community] on our goals, and hopefully make them realize how much we can accomplish through this.” Leonhardt and Roberts expect to continue to raise funds.

Leonhardt and Roberts dream of being able to provide the underprivileged women in this community with the hygiene products they require and perhaps expand this project globally to lend aid to all women internationally.

Send story ideas  
or advertisement  
interests to:

npaheronherald@gmail.com



# Basketball team wins in overtime to end season

By **Liam Achterberg-Muñoz**  
*Staff Writer*

The NPA basketball team is down three points with two seconds left in the game. There’s one chance to tie and go into overtime. It’s senior Trinity Morton’s last game and she has three free throws to get the job done after being fouled on a buzzer-beater three-point shot. Miraculously, she makes all three, and the NPA team manages to win in overtime to end the season.

In her freshman year, Ms. Morton started the team with her father, Brenden Morton. She wanted to play basketball with her former classmates at Arcata High, but her parents wanted her to attend NPA.

“My dad used the formation of the basketball team as a bargaining chip,” Ms. Morton recalled. “He said we could start a team so I could still play.”

Though she was reluctant to attend NPA at first, she ended up really enjoying it, and the creation of the team brought a new sport to the school.

Michael Heidrick and Brenden Morton staff the team. Mr. Morton manages the administrative side of things while Heidrick coaches the players. Mr. Morton explained, “I do most of the administrative stuff: liaising with the league, organizing practice space, contacting players.”

Mr. Morton’s job consists of getting everything in order. Heidrick, on the other hand, is more involved with the strategy of the game. He was previously the coach for Coastal Grove Charter School, the elementary and middle school which Ms. Morton attended. Heidrick’s children have attended Arcata High, but he still accepted the coaching role at NPA.

“I asked Michael to help me coach because he has quite a bit of experience coaching basketball,” Mr. Morton said. “I wanted to gain experience while under the tutelage of someone who had done it for a while.” Both coaches support each other by managing the aspects of basketball they are most adept at handling, and form a dynamic duo.

Created from the beginning as a way to include everyone, the team is coed and accepts people regardless of their previous experience. This means that there are no try-



PHOTO SUBMITTED  
**Trinity Morton (left) goes after the ball on defense during a season game.**

outs. This season there were four exchange students on the team, none of whom had any previous basketball experience. Ms. Morton attested that having such a wide range of people brings everyone closer.

However, balancing such a diverse team can be very difficult for the coaches. During a game, the five players on the court must consist of an appropriate ratio of experienced to new players. A team with too many veteran players doesn’t provide experience for new ones, and just having new players can create an unsurmountable gap on the scoreboard. The coaches’ philosophy is one that includes everyone.

“I believe that anyone who shows up for practice deserves to play in the game,” Heidrick detailed. This doesn’t necessarily mean equal playing time, but everyone gets to play in both halves.

NPA’s team has more girls than many of the teams they play against, but it has been anything but a hinderance. “It’s different when I stop and think about it, but as I’m approaching the game I don’t see that anymore. I only see the qualities of the players,” Michael Heidrick commented. Ms. Morton explained that sometimes the boys on the other team try to not play as rough when they play against a girl, but quickly realize that they have to keep up.

This was Ms. Morton’s last year on the team she founded, and she finished her final season on a very high point. Ms. Morton brought her team to win in overtime in their final game, resulting in a fourth-place finish. It’s a bitter-sweet ending for her. “This team is my favorite,” Ms. Morton said.

The future of the team looks strong. With many freshman talents, there’s still much room for improvement. There will be a change in management and coaching next year as Mr. Morton is moving away, and this role has yet to be filled.

This might be the end of the beginning of the basketball team, but Ms. Morton concluded, “I really hope that the basketball team continues for a long time and thrives and evolves without me.”



PHOTO SUBMITTED  
**Left to right, back row: Brenden Morton, Erin Oliphant, Talavan Cohen, Nathan Scheinman, Dimitri Woodruff. Middle row: Vega Laudon, Trinity Morton, Mariah Ziemer, Milo Weller, Abdulrahman Abood, Michael Heidrick. Front row: Clemens Heckel and Kirk Hakenen.**



PHOTO BY NICK WILSON

# Amelia David promotes water conservation in her winning speech

By **Maya Makino**  
*Staff Writer*

Water conservation is an increasingly important topic in California. Amelia David, an NPA sophomore, has set out to inform the world. On February 18th, she won the annual Lion’s Club public speaking competition at the Humboldt Level with her speech about water conservation. This was only the first in a series of victories.

“Public speaking is not easy for me, it’s not my thing at all, I kind of freak out and have to take a nap afterwards,” David said. She clearly overcame that fear because she went on to win the Zone and Region contests on March 15th and April fifth. She has gone on to compete in the District contest in Napa on April 26th where she competed with six other finalists.

This year’s speech topic was ‘water conservation, and how we can reduce, reuse and reclaim,’ an issue that David is passionate about. She explained that her speech was about “applying international examples to our state and agriculture use, and how we can conserve.”

David focused on Israel’s water use and explained some things that Americans can learn from Israel’s system. Three of her key points were that they recycle 2/3 of their water. Their drip irrigation system reduces agricultural water use, using only 1/3

of the water that would be used in spray irrigation. They are also exploring desalinization, a process that removes salt from ocean water.

David also went on to discuss issues with California’s agricultural water use. “People know that cows drink a lot of water and there are lots of resources that go into meat, but people don’t want to confront that,” David said. She believes that she had a leg up because many people only discussed urban water use, using broader terms than she did.

David had never written a speech before, but she learned rapidly with the help of her advisor and history teacher, Andrew Freeman. Once she had all her information, David said that she “practiced giving the speech and getting passionate to get the phrasing right.” This process allowed her to feel natural while delivering her speech. Freeman also received an award for being her coach. He gave her general public speaking advice, helped edit her speech, and also ran through it with her several times.

Freeman also helped David navigate the technical aspects and rules of the contest. “They’re really rigid with their rules,” David explained. At one point she was worried that she would be

**See SPEECH page 7**

## CIRCLE from page 1

was really interesting running the group and sharing a corner with Shirley and we’ve become better friends ... I’ve come to understand her culture and musically understand her better. Like I didn’t know that she had perfect pitch until the middle of the [process] and I thought that was really cool.”

For those that saw the production, it was notable that the story was not given a specific location or time period. Because the script was German but based on a Chinese folktale, the musicians were given the challenge of reflecting that ambiguity in the music they chose and presented. Petricca described, “It’s German and it’s Chinese and the play is actually Chinese but it’s based off this German thing so what do we do?” and we wanted to incorporate everything we could with as many cultures as possible, so partly it was Chinese and the lullaby Shirley sang played into that.”

When asked to describe the lullaby that silenced and enthralled the audience each night, Hu explained, “If you say ‘lullaby’ in China it’ll be like yeah everybody knows ... that melody.” The second act was almost completely improvisation according to Petricca, and she attributed the leadership for that aspect to senior Reynoso, also mentioning the improvisational abilities of Wardynski and Robertson.

The process behind creating music for any piece of theatre is a central and collaborative one. It is necessary to take direction and initiative in the experience, and also to be invested in the work being done. Petricca passionately said, “A lot of the time when you’re watching movies and [there is] a dramatic part, it is really special to the meaning of the movie or production if [there is] music. ... If music wasn’t there you wouldn’t get a tingling in your spine or you wouldn’t get the actual weight of the moment. ... music has a large effect on that.”



PHOTO SUBMITTED  
**Sophomore Amelia David practices her speech at NPA to master her gestures and intonation.**





PHOTOS SUBMITTED  
Shirley Hu (pictured above), a featured soloist, has been playing the piano since she was in kindergarten.

## Hu, Petricca and Post perform with the Eureka Symphony

By Claire McCoy  
Staff Writer

NPA students Shirley Hu, Rachel Post and Angela Petricca recently performed with the Eureka Symphony. Post, a sophomore, and Hu, a Chinese exchange student in her junior year, were selected through the symphony’s youth competition. Petricca is a senior and performed as a regular member of the symphony. The performance took place on April 17th and 18th.

**“Not many people can say they’ve done this.”**

Rachel Post

The annual youth competition provides a unique opportunity for local youth who have made a commitment to classical music. The symphony showcases three youth soloists, select-

ed through an audition process, as a part of its annual Spring Concert. “Not many people can say they’ve done this,” Post said of the experience.

Hu performed on the piano, something she has been passionate about for almost all her life. “I remember once, when I was in kindergarten, I came home to a piano and thought ‘What is that?’” Hu recalled, pantomiming plunking experimentally at the piano’s keys. “And I thought, ‘Oh my God, it can make music!’” She has been playing ever since.

Hu’s passion for the piano has flourished during her time in the United States, both through her studies with Professor Daniela Mineva at Humboldt State University and her experience with the symphony. “The experience...has really inspired me to do well in piano. It’s inspired me to keep playing the piano forever,” she said of the latter. Hu especially enjoys playing for an audience. “I really feel like music can give people happiness,” she said.

Post’s performance, also on the piano, was the culmination of a year’s preparation and development. “I think over the course of the time I’ve been playing [the piece], I’ve changed a lot as a per-

son, partially because of the amount of focus and commitment I had to give to the concerto. It demanded my energy; it demanded—me,” Post explained.

Petricca has been a member of the Eureka Symphony for three years, and is one of only two high school-aged members. She plays flute in the symphony, though she also has experience with piano and piccolo. “The Eureka Symphony is the epitome of classical music in Humboldt County,” Petricca said.

Both Petricca and Post come from families involved in music. Post said of her parents, who are both avid musicians, “They’ve always encouraged me in the arts...they’re really supportive.” Petricca added, “My mom has been in the symphony since before I was born. It’s great to have the support a musical family can give you.”

With a serious commitment to music comes the need to balance that commitment with other facets of life, such as NPA’s rigorous academic climate. “It’s really about time management,” Petricca said.

Petricca practices music daily, in addition to rehearsing regularly with the Eureka Symphony, leading a flute ensemble at NPA and working as an accompanist at Humboldt State University. Both Hu and Post have weekly music lessons and practice daily. The soloists’ commitment was especially intense in preparation for their performance with the symphony. Post said, “I would tell my friends, sorry, gotta go, I have a date with Bach.”



Rachel Post (above) was a featured youth soloist with the Eureka Symphony. Her parents are both musicians and her mother is a member of the Symphony.



PHOTO SUBMITTED  
Cassidy Carolina, Cheyenne Montalbin, Trinity Morton and Madeline Scott eat dinner with their host families at Scott’s host parents’ restaurant.

## Expert Tisha Allan shares her thoughts on the IB Extended Essay

By Claire McCoy  
Staff Writer

The International Baccalaureate Extended Essay (EE) can be a daunting task. Tisha Allan, an expert on this in-depth research paper, made her annual visit to NPA in February, offering guidance to the upperclassmen on the process of writing their essays.

A central requirement of the International Baccalaureate Diploma programme, the Extended Essay allows students to pursue a research question of their choosing—so long as it can be encompassed by one of the six IB subject areas. The three- to four-thousand word paper hones students’ abilities in critical thinking, investigation and writing.

“When you want someone to think about something for whatever purpose, you want them to gather information from a variety of sources, to consider all of that information, to sort it into some order, and to be able to produce some sort of presentation of what they’ve discovered. And that’s what you do with [the EE],” Allan said.

The Extended Essay fosters skills in research and analysis that are necessary in the college classroom. “It is the most concrete predictor of success in both university and in a career,” Allan said of the essay’s value. “At university, you have to write thoughtful papers; you have to do pieces on not just your own opinion, but on established doctrines outside of yourself, and your interpretations of those.”

What keeps her coming back to NPA? “It’s my favorite school,” Allan explained. “The difference between other schools and your school is this: You [students] are all more connected to your school—maybe it’s because it’s small, maybe it’s because of where it’s located, maybe it’s because of the community and Jean [Bazemore]—and the way I see you interact with each other, the kinds of questions you ask in workshops, just show this connection.”

Allan is originally from Scotland and currently resides in San Diego. She has worked with various facets of the IB program, from grading Extended Essays to collaborating with students around the globe, since

1986. This is the tenth consecutive year she has provided workshops for NPA students.

The annual workshops Allan runs for juniors and seniors involve activities such as peer interviews on the progress and content of students’ papers and short lectures on various components of the Extended Essay. Allan also provides opportunities for students to resolve questions or issues regarding their essays.

**“Ask a question that you genuinely want to answer. If you don’t care, it’s going to show in your paper.”**

Tisha Allan

Allan’s primary piece of advice for students is to “Ask a question that you genuinely want to answer. If you don’t care, it’s going to show in your paper. But if you ask a question that you really want to know, [the reader] can tell that the student really cares.”

## THAILAND

from page 5

out they weren’t twins, or even related). She carefully placed layers of blankets on the tile floor, we each took a shower that consisted of pouring cold water on ourselves with a bucket, and we lay down on our backs.

For almost an hour we pointed at parts of our body or objects in the room and taught each other the words in each language. I learned how to say ‘bruise’ in Thai because I had run into a table the day before, and we spent a long time working on the difference between ‘one foot’ and ‘two feet’ in English. We laughed at each other’s mispronunciations and she played with my hair as we each grew sleepy.

At school, we taught our classes songs by Taylor Swift, The Beatles, Bill Withers and Frank Sinatra (along with more structur-

al English lessons). Most breaks morphed into dance parties with a YouTube video exchange of Thai pop and Beyoncé. I will always remember when Khem, the Prasatwittayakarn School and NPA cultural exchange/English Camp coordinator said, “Some of these students never dance. They never sing a song. But they see you, and that makes them happy.”

We were often confused. I didn’t know how to tell my host siblings lots of things and sometimes the Thai students didn’t understand what we tried to teach them, but in the end we danced and laughed and sang together, and we all cried at the bus station when it was time to leave. If there is one thing I know to be true, it is that communication can be difficult, but getting to know and love other people all over the world doesn’t have to be.

## SPEECH

from page 6

disqualified since her note card was 1/10th of an inch over the specified length.

Despite rigid regulations, everyone was very amiable. “They’re so nice!” David exclaimed when discussing the Lion’s Club, who hosted the event. The Trinidad branch of the Lion’s Club hosted the first contest, and they were very excited for her success. David fondly recounts the enthusiastic phone call she received from them when they told her that she won.

The Lions Club gives generous scholarships to the winners. David received \$100 dollars for winning the competition, and all other participants received \$25. She has received \$400 in prize money thus far. This money has been from the individual local Lion’s Clubs (Trinidad and Eureka).

At the next level, all the winners receive a \$4,500 scholarship. The level after that, all winners receive \$6,500, and the finalist wins \$10,000. The money is provided by the Lions Fourth District Student Speaker Foundation.

“It was more of a learning experience to expand on what I’m already doing, and what I know, and my abilities,” David said, reflecting on the contest. She has enjoyed the experience so far. Although she does not see much public speaking in her future, she thinks that it would be fun to do the contest again and may enter again next year.

“I am really proud of the speech, and I should be, it’s a really good speech! And it made people think about the issues that I really care about,” she exclaimed.





CLIMATE  
from page 1

The Climate Change Project began in the fall when parent and creative writing teacher Greg King proposed to help students organize a group dedicated to learning about climate change and informing the community about its effects.

“It’s their future and we all need to be involved in some way, but it’s this generation that has to have at least an awareness of what’s going on,” King said.

Students involved in the project meet once a week to plan upcoming events and to discuss the politics around climate change in the community.

While helping to organize the launch event, Stevens linked the students with other interested organizations, such as CivicSpark, Scrap Humboldt, Humboldt Baykeepers, Friends of the Dunes and the Northcoast Environmental Center. The group hopes to use these relationships to learn more, create discussion about climate change in the community and stay informed.

“[The students] can provide the arts event. That’s the easy bit. The hard bit is bringing other agencies in. They’ll do the work of the information and the research because they’ve already got it,” Stevens said.

In addition to local activities, the group is planning on traveling to Paris for the United Nation’s Climate Change



PHOTOS BY RAVEN ARNOLD  
**NPA students hope to improve the environment, both locally and globally, by taking part in the UN’s Climate Change Conference in December, 2015.**

Conference in December, 2015. This conference is set to take legally binding action on climate change worldwide. During the official conference, there will also be gatherings of non-governmental organizations to share community organizing strategies and actions regarding climate change.

“This year is just the start. There’s no telling exactly what form the program will take after Paris, but I think it’s going to be pretty strong because there’s nothing left for us to do but to act on climate change,” King concluded.

Closing Remarks

By **Trinity Morton**  
Staff Writer

Working on the newspaper has been a huge learning experience. When we first officially decided to start this newspaper last summer, I didn’t know what I was getting into. That’s not to say that it has been a negative experience, I just didn’t fully know what to expect, or imagine that I would be spending so much time working on each issue.



Morton

I didn’t expect the start of a little community of students willing to spend their electives sitting on the ground outside debating about hyphens, or how much I would enjoy those editing sessions.

The Heron Herald staff is remarkable, and I personally feel that I have grown as a writer and as a person because of my fellow editors. As a writer, I have not only learned many new specific grammar rules, but I have also learned how to better accept critique and critique others’ writing.

As a person, I have evolved tremendously because of the student publications elective. Being editor-in-chief of the HH is the first real leader role I have fully embraced. As a result, my collaborative and organizational skills have greatly improved, and I feel more comfortable speaking out and delegating tasks. I sincerely hope that the rest of the staff have experienced similar growth as writers and as people.

Turning towards the community, I hope that the HH has served you well in keeping you informed and thoughtful. Our goal has been to release stories that we feel are important for you all to read and consider. I think we have shed light on some important topics this year, and if the stories you’ve read have filled in the gaps of an issue you were unclear about, and or led to further thought and discussion, then we have done our job.

I cannot wait to see how the HH grows over the course of the coming years. I hope that it continues to provide an opportunity for students like me to enjoy their debates about hyphens without shame while gathered in the teacher’s room at dinner time, and to provide a resource of valuable information and thought-provoking material for the NPA community and beyond.

I can honestly say that the hours spent discussing every story with the HH editors are some of my fondest memories from this year. I am grateful for what a fantastic experience this has been, and I look forward to the Heron Herald’s evolution from now on.

The Heron Herald Staff



**TRINITY MORTON**  
Editor-in-Chief  
Layout Designer  
Copy Editor



**GAIA DENISI**  
Copy Editor  
A & E Editor



**AMELIA DAVID**  
Copy Editor  
Staff Writer



**MAIA LEMANN**  
Copy Editor  
Photo Editor



**LEAH SELCER**  
Copy Editor  
Staff Writer



**JAMES BETTIS**  
Copy Editor



**MAYA MAKINO**  
Copy Editor  
Editorials Editor



**LIAM ACHTERBERG-MUÑOZ**  
Copy Editor



**KAI COOPER**  
Copy Editor



**INDIA ALLEN**  
Copy Editor  
Staff Writer



**RAVEN ARNOLD**  
Photographer



**RACHEL POST**  
Staff Writer



**BENJAMIN LEOPARDO**  
Copy Editor  
News Editor



**CLAIRE MCCOY**  
Copy Editor  
Staff Writer



**ZALIAH FINEGAN**  
Sports Editor